

NEWSLETTER

News in Brief.

AGM - Wednesday 30th March at 7pm in the Odlin Gallery.

New Gallery Changes announced.

Northern hallway available for hanging art works.

Muriel Hopper Art Awards coming up on the 24th of June.

Hutt Art Policy and Procedures published on website.

Please check bathroom windows are closed at night if you are last to leave the building.

For Hutt Art Exhibitions coming up see [Hutt Art Website](#).

COVID 19

From December the 3rd, the Society will operate under the vaccination pass Government Traffic Light System.

Use the QR Code to sign in or to register manually by filling in a paper slip and put it in the ballot box located at the main entrance.

Wash your hands.

Clean your surfaces before you leave a studio.

From the President.

Hi All,

Good news for the beginning of the year is that the refurbishment of the northern corridor is finished. Thanks to Ron Bone who has done a great job, and many thanks to all of you for giving Ron his space as he worked on the corridor.

New Display Area for Artworks

We will now be using the north corridor instead of Room 3 for displaying any hangable artworks that you would like to show off to your peers. This idea is mainly for those who want to display their creations but are not yet ready for exhibiting in the galleries. The public won't be able to view them. These displays will be continuous but the artworks will not be exhibited for sale. Artworks can go up at any time there is a space, but may only be up for two weeks and then must come down to allow others to share their artworks. Cards will be made, similar to the artwork cards sometimes used in the galleries, but the difference being the price space will be changed to a space to fill in the date that the artwork goes on display. The cards are to be attached to the rail (not the wall) next to your artwork. We are looking forward to seeing work from all new and existing members.

continued on next page...



News From the Committee

Vacancies

Gallery sitters

If you can spare a morning or an afternoon to sit the gallery, your assistance would be most welcome.

Internet Wifi is now available to Gallery Sitters

House Cleaning

Hutt Art Society have a commercial cleaner that comes twice a week to clean the bathrooms and kitchen. All other studios are done on rotation over a fortnightly period. Please do your bit to help keep the studios clean.

Paper Towel / Toilet Roll Supplies

Supplies of paper towels and toilet paper are kept in the cupboard in the south-end bathroom. The same key fits all holders.

Membership Fees

Full Member - \$135 - Only \$125 if paid by the 28th of February 2022.

Dual Member - \$236 - Two adults residing at the same address.

Youth Member - \$25 - Full time student under 21 years old.

Group Member - \$230 -

From the President - continued from previous page.

Covid

It's hard to believe we've all been dealing with Covid-19 for two years now. What with the changing guidelines, the worry of catching it, and the dreaded masks, we haven't been doing too badly.

The nuisance factor is something to consider though with Covid impacting on exhibitions, openings and foot traffic through the galleries.

A big thank you to all members for doing the day-to-day things like distancing, scanning/signing in, wearing masks. Keep it up and we'll get through this pandemic.

AGM

A reminder that the AGM is coming up at the end of March. This is the time for reporting, reflecting and renewing.

Hutt Art is an amazing Society with great facilities and a helpful community spirit, but none of it would happen if it wasn't for a small group of dedicated and hard-working Committee members.

The thing is, we need some more new people with ideas and a willingness to help bring some of these ideas to fruition. Please have a think about putting your name forward for the Committee. An extra 2 or 3 new committee members would help spread the load. Just contact any current Committee member if you're interested in joining.

Also, don't forget to come to the AGM meeting on Wednesday 30th March at 7pm.

Muriel Hopper Hutt Art Awards

The Muriel Hopper Hutt Art Awards competition and exhibition is coming up soon.

Yes, we are having it, but I am asking for a member or two to help organise it. You don't have to be a member of the committee to do this. The process is already written down so you won't have to re-invent the wheel. There has been some trepidation over whether we will have enough dollars in the kitty from the Muriel Hopper bequest fund but we have decided we will be able to cover the event this year after all with grants from the Hutt City Council and the Dowse Art Museum.

The last date for receiving entry forms is Friday 3rd June, so if you want to get your artworks in, that's the first date to aim for. The artworks themselves will be received on Sunday 19th June between 10am - 2pm. Entry forms will soon be available at Hutt Art and on the website.

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Your 2021 Committee.

President: Leon Ramakers

Vice President: Jane Firth

Secretary: Gillian Green

Treasurer: Sue Swann

Gallery Manager: Iris Kauffeld

Committee: Anne Berry, Sheryl Gallagher, Bruce Holland, Jan Mueller-Welschhof, Marilyn Moran, Cassie Callard and Joanne Evans.

Invited to Meetings: Office Manager, Christine Cox.

Discounts Available.

Gordon Harris offer 10% discounts on retail prices. To take advantage of these discounts, you will need to show your membership card.

When purchasing goods from the Warehouse Stationery, show your membership card (or just tell them you are a member) and the society will receive loyalty points. This helps us to fund our office supplies.

From the President - continued from previous page.

Gallery Minders

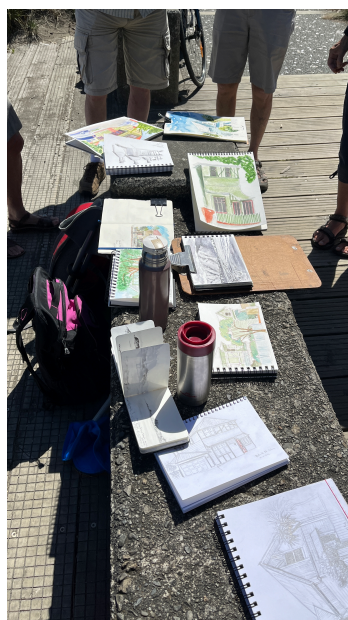
Lastly, a plea for more gallery minders. We really need your help with this. Generally, if you are having an exhibition, it is your responsibility to organise minders for it. You can't assume that HAS will sort it for you. So if you don't have enough people contributing to the exhibition and therefore are finding it difficult to get minders, try asking some of the other members. Other members, this is where you come in. Even if you don't have anything in the exhibition, it would be appreciated if you could do a spell of minding, even if it is just once during the course of the exhibition. The more people who can do this, the easier it is for everyone. And don't forget, what goes around comes around. This is particularly helpful for minding for out-of-town exhibitors, who, most of the time, don't have the contacts here to fill the roster.

Until next time ...

Don't forget – Observe, Understand, Create.

Leon Ramakers

News from the Urban Sketchers.



Show and tell at Petone Esplanade.

The Urban Sketching Group is going strong with about a dozen urban sketchers turning out every week.

While the Omicron cases have been increasing and remain high, the group has been meeting outdoors and having their show-and-tell meetings at the sketching location, rather than at a cafe.

Last week, the Group meet at the Christ Church Taita. The church is located in an industrial area. Some members sketched the sheds and others the church and graveyard. We then met at the church's outdoor patio area for show-and-tell. The previous week, the group meet at Patrick Street Petone where there are a number of historical houses and held the show and tell on the Petone Esplanade.

On the 9th of March we are planning to go to Somes Island, if the weather is fine and calm. If you wish to join the group, contact Owen

McCarthy at onmccarthy@gmail.com or 021 154 1234.

Groups

General Drawing and Painting Groups: Mon, Tues, Wed and Fri Mornings, Mon Evenings and Tues afternoons.

Life Drawing: Tuesday Evening

Urban Sketching: Wed Afternoon.

Portrait: Thurs morning.

Pottery: Mon, Wed, Thurs mornings, Mon evenings.

Weavers: Mon mornings.

Printing: Every 2nd Sunday

Embroidery: Mon evenings.

Collage - 2nd Saturdays.

Book Art Group: 1st and 3rd Saturdays.

[Click here for more info.](#)

Gentle Reminders

Please do not come to Hutt Art while you are in any way unwell.

Please use the hand sanitisers supplied.

Scan codes are available at all entrances.

Before leaving the building, please ensure you clean your area including your work table and floor.

If you are last to leave the building, please turn the lights out, heaters off and lock the doors.

News from the Embroidery Group.

During the summer, our embroidery group members have focussed on their own projects, producing some spectacular work such as Barbara Hanlen's Maureen Owl.



Barbara Hanlen's 'Maureen Owl'

Unfortunately, our annual February trip to a member's home in Greytown has had to be deferred to till later in the year.

Preparation has begun for our exhibition to be held in October in conjunction with the weavers and our guest exhibitor Mary Self. The group project has been started by most members: a series of 5-inch squares involving solid embroidery on canvas.

PS: At our AGM the following people were appointed as our Executive:

Helen Rushton (Co-ordinator), Judith Kasner (Secretary), Barbara Hanlen (Treasurer).

Hutt Art Policies and Procedures.

In the last year we have started to include Hutt Art Policies and Procedures on the Hutt Art website. The Policies and Procedures can be found on the "Join Us / Membership Information" page. The same page as where the most recent version of the newsletter is located. The intention is to add to this as policies and procedures are updated.

The Fire Evacuation Procedure is now on this page. Please make sure you read this procedure regularly to familiarise yourself with the procedure.

In addition, in 2021, the committee developed a policy for Electric Vehicle (EV) Charging and arranged for an EV outlet (slow charge) to be installed at Hutt Art. The outlet is by the print studio door and the park beside the door has been set aside for EV's to charge (the park will be marked "reserved EV" soon). Anyone who would like to access the outlet needs to provide vehicle details to Christine.

Purely Pastel

Pastel Artists of New Zealand
Annual Exhibition

April 1st to May 15th

Bottle Creek Gallery
Pataka Art & Museum, Porirua

Workshops

Ideas For Workshops

If you wish to publicise a workshop to members of the art society, let the editor know. Contacts details are below. The Hutt Art Society publish quarterly newsletters.

The next newsletter will be published in the first week of June 2022.

Newsletter

If you have any news, wish to highlight an exhibition coming up, please do not hesitate to send your submission to onmccarthy@gmail.com for publication in this newsletter.

A picture is always welcomed.

Classes

Painting with Acrylics and Oils with Roger Key.

Drawing Styles and Approaches with Roger Key.

Creativity for kids 6 - 10 years with Patrice Buescher.

Creativity for kids 9 - 13 years with Patrice Buescher.

Various Textile courses with Sue Swann - see last page.

Pottery for Beginners with Chris Parkin.

[Click here for more info.](#)

Gallery Hire Changes.

At the beginning of 2022, the committee reviewed the gallery hire requirements / procedures and have made the following changes:

- We have introduced a new category of exhibitor. This category is for those exhibitors that include members and non members. An example of this would be if I (a member) and my daughter (a non member) decided to put together a joint exhibition.
- The gallery hire contract will need to be signed and a 50% deposit will now be required from all exhibitors (including members) 6 months prior to the start date of the exhibition. Until we have received the signed contract and deposit, the gallery booking will not be confirmed.
- The deposit will be refundable less a \$50 admin fee if the exhibitor withdraws prior to 6 weeks before the exhibition. If the exhibitor withdraws in the 6 weeks prior to the exhibition the deposit is non refundable. This is because it is nearly impossible to fill the gallery when someone withdraws at the last minute. Exhibitions take time to put together even if you do have enough pieces to exhibit.
- In order for Hutt Art to be able to meet their obligations under the contract, we will require advertising information from exhibitors as per the schedule on the contract. We would like to be able to keep the website up to date and include photos and posters of upcoming exhibitions on our website.

We would like the gallery hiring process to be a stress free and professional experience for both members and non members and by having the contract in place 6 months before the exhibition this gives exhibitors time to focus on putting their exhibition together.

There have been no changes to the gallery hire rates for members exhibitions.

Editor's Corner - Getting Motivated.

Every time I walk into my study, two boards with stretched water colour paper taped to them stare back. I just can't get myself motivated to cover them in beautiful watercolour. I know after talking with some of my fellow painters at Hutt Art, that they are having similar problems. Perhaps it's just these strange times. So I decided to see if there were any research papers that would shine any light on the subject and there was.

Ryan and Deci in their Self Determination Theory identified three forms of motivation: Intrinsic, Extrinsic, and Amotivation. The table on the next page lists each motivation and where the goals come from.

Their theory also states that extrinsic and amotivation, are not sustaining as they are driven by external forces. So is this the reason I can't keep going. I am certainly not amotivated. But do I rely too much on external rewards or suffer from fear when I look at my white sheet of paper?

What's On Social Media.

Favourite YouTube channels:

Raiders of the Lost Art: An art history channel

Click [here](#) to view a video on El Greco.

Whee Teck Ong's channel of short videos on Urban Sketching.

To view click [here](#).

Links to Facebook and Instagram Groups.

[Hutt Art Facebook Group](#)

[Hutt Art Instagram](#)

[Portrait Facebook Group](#)

[Urban Sketchers Facebook Group.](#)

Editor's Contact...

If you wish to have any news included in a future newsletter, please do not hesitate to contact Owen McCarthy at onmccarthy@gmail.com.

**THIS NEWSLETTER IS
PRODUCED FOR HUTT
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pm Mon - Fri**

Editor's Corner - continued

Type	Why do the activity	Goals
Intrinsic	You do the activity because it's internally rewarding. You may do it because it's fun, enjoyable, and satisfying.	Goals come from within and the outcomes satisfy your basic psychological needs for autonomy, competence, and relatedness.
Extrinsic	You do the activity in order to get an external reward in return.	Goals are focused on an outcome and don't satisfy your basic psychological needs. Goals involve external gains, such as money, fame, power, or avoiding consequences.
Amotivation	You are lacking the intention to do the activity or you just go through the motions.	Goals are set externally or imposed. Outcomes don't satisfy basic needs.

So what do I have to do to get intrinsically motivated?

In the context of Hutt Art, competence can be gained through workshops and learning off our peers. We have the autonomy to act independently and have the freedom to do so. We also have relatedness in the form of support from like minded people.

But to get motivated, I believe, it helps to have a vision of what your completely artistic satisfied psychological state may be. Mine is being able to sit in a field of long summer grass painting on a summer day, experiencing its warmth and sounds. I will be wearing a hat with a feather whilst having the capability to capture the view and its beautiful colours with my paint brush.

But how do I achieve that vision if I do not have the intrinsic motivating goals to do so.? In the late 1980's, I set an objective to get fit and loose weight. At first the goals I wrote down were extrinsic: Get fit and run a 10k. But after several months those goals became intrinsic: I kept running for the sake of it for 15 years, until too many injuries brought it to a halt.

Indeed, the Self Determination Theory does state that extrinsic goals may become intrinsic, and therefore lasting over time as happened when I started running. Perhaps I should apply the same theory to my watercolour painting. Say set myself an extrinsic objective to spend five hours per week doing watercolour painting. And make sure I have some method to measure progress to achieving that goal.

And then gradually, perhaps I will develop that intrinsic need as I did when I started running.

References:

Health line.com: Intrinsic Motivation: How to Pick Up Healthy Motivation Techniques.
Richard M Ryan, Edward L Deci - Jan 2000 American Psychologist - Self Determination Theory and the Facilitation of Intrinsic Motivation, Social Development, and Well Being.

Textile art classes

EMBROIDERY | QUILTING | PRINTING

Class information and enrolment
www.huttart.co.nz/classes

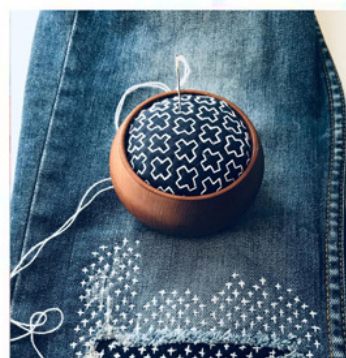
from February 2022



Kutch work



Quilt as you go



Sashiko



Flag book



Reticella



Crewel



Shibori (Indigo) dyeing



Blackwork



Sun printing



www.huttart.co.nz
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